



Talking together  
about care & treatment

## Implementing Pediatric Advance Care Planning Toolkit

### IMPACT helps you to:

discover what  
is important for  
this child

explore  
identity,  
illness and  
future

talk together about  
care and treatment

discuss and document  
treatment decisions

### Step 1: Introduction

- Discover what is important for this child in regards to his/her care and treatment in the future.
- Are the child and parents ready to talk about this topic?

### Step 2: Exploration

**Identity:** Who is this child?

**Illness:** What does this illness mean for the child and the family?

**Future:** What do the child and the parents expect to happen in the future?

**Parenting:** How do the parents and child intend to support each other?

**Belief system:** What philosophy of life do the child and parents have?

**Expectations for the future:** What do the child and parents hope for?

**Fears and worries:** What are the child and parents worried about?

**Preferences for care:** What do the child and parents consider important in regards to care and treatment?

**Deterioration:** What do the child and parents consider important if the child's health should deteriorate?

### Step 3: Decision-making

**Designate roles:** How will decisions pertaining to the child's care and treatment be made?

**Care goals:** What are the child and parents' goals in regards to care and treatment?

**Documentation:** What do the child and parents want recorded in the medical record?

### Step 4: Rounding off

- Summarize the conversation
- Enquire about other subjects
- Plan the next conversation

#### *Parallel to step 2 exploration:*

*If necessary, use medical expertise to provide supplementary information in regards to expectations for the future*

#### *Parallel to step 3 decision-making:*

*If necessary, use medical expertise to provide supplementary information about expectations for the future*

## Colofon

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IMPACT is the result of a collaboration between the UMC Utrecht, the Erasmus MC and the Knowledge Center for Child Palliative Care; it was developed with the cooperation of children, parents, and professionals working in childcare and children's hospitals.

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